



Marlena Kur United States

Real Whole Foods Easy Meal Ideas Cookbook Author zestmylemon@gmail.com

84

FOOD

INFLUENCE

Influence

84

90

Fans

388.4K

388.3K

Eng./Post

6.3K

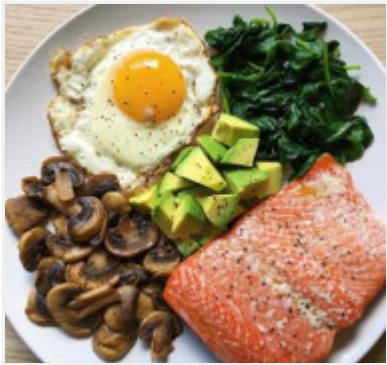
6.3K

Reach

83.1K

83.1K

TOP CONTENT



Another easy 10 minute lunch!
Baked wild salmon seasoned with olive oil, lemon and ground black pepper with a fried egg

25.6K 437.0 |

01/24/19



Simple meals are the best meals! Savory goodness made in less then 10 minutes for breakfast or lunch... . Two hard

20.4K 308.0 |

01/22/19

AUDIENCE DEMOGRAPHICS

Top Countries

United States, United Kingdom

51.4%, 7.7%

Dominant Gender

Women

90%

Top Interests

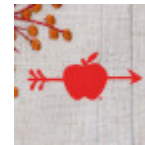
Food, Fitness

17.2%, 9.1%

Avg. Age

29

NETWORK



Applegate

89

RECIPES



Dani

81

RECIPES



Aleyda | The Dish...

81

RECIPES



Whole Foods Market

99

FOOD